

Dr Charles Parker

COREPSYCH

Author: **The Patient's Guide for ADHD Medications - What To Do When Nothing Is Working**

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Bio Dr Parker is a practicing child, adolescent, and adult psychiatrist with an active office and consultative practice, psychopharmacologist, SPECT brain-imaging consultant, systems medicine consultant, and provides second opinions regarding previous SPECT reports. In practice for 40 years, he completed training in psychoanalysis, is board certified in forensic psychiatry, was certified in addictive medicine for 10 years, and wrote *Deep Recovery* in 1992. He has taught the nuances of ADHD diagnosis and treatment nationally for more than 12 years. His new book, *The Patient's Guide For ADHD Medications*, spells out the details for using stimulant medications precisely.

Comprehensive Evidence Rules Even today many still assert that psychiatric treatment is based upon a belief system filled with dreams, abstractions, and little reality. Many assert that ADHD is a 'character' problem, and SPECT brain imaging is modern snake oil. Further, few are looking at the implications of molecular and cellular physiology in the context of brain function.

And, since it's possible to codify these new, provocative parameters, why not understand the clinical implications of biologically based findings?

Yes, now we are moving beyond 'belief systems.' New brain evidence, these new facts, do count. Everyday practice has moved from fantasies and dreams – to include the reality of measurable brain and body functions.

In 2009, increasingly predictable evidence provides predictable outcomes. The core practice of psychiatry is improving and changing everyday.

Connect On 'The Patient's Guide' For a *Free Article and Audio Program* on the **10 Biggest Problems with ADD/ADHD Medications** go to www.CorePsychBlog.com - Sign up there for additional free bonuses regarding publication of my new book: *The Patient's Guide For ADHD Medications – What To Do When Nothing Is Working* - also at this link: www.corepsychblog.com/adhdbook

Email Updates Sign up, whilst there at *CorePsychBlog*, for *email blog updates* that arrive with each posting, and simply 'Search' your topic of interest on the search engine there for more than 200 articles with many links to a variety of useful references. Subjects there include the 'therapeutic window,' protein breakfast, medication titration strategies, drug interactions, and the evolving comorbid conditions often overlooked with ADHD symptoms.

CorePsych Radio Tune in weekly for live Internet radio on a multiplicity of COREPSYCH topics from diagnosis and assessment protocols, to medications, to neurotransmitter precursors. Time and program notes: www.corespsychblog.com/cpradio Tweets: #cpradio

Twitter Life is too short. Have some fun, sign up for Twitter, - and join my brain friends and me over there: www.twitter.com/drcharlesparker