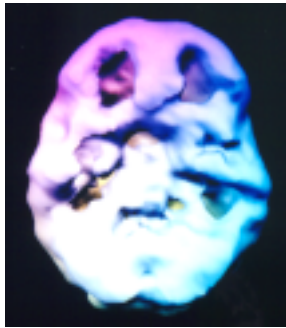


## COREPSYCH RADIO #20 JULY 16, '09

THURSDAYS 4 EST, 3 CST, 2MST, 1PST



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Last weeks program: Pristiq For Major Depression: Overview and Applications

### Program 20: Executive Mystery & ADHD: "Those Wrecked by Success."

This particular subset of ADHD is late onset Adult ADHD, and if you don't know about it, you simply won't see it. The original observation was by Freud in the 1916 [Freud, Sigmund: The Complete Works]

1. Context: ADHD is Contextual Diagnosis not 24x7
  - a. Freud brought this character problem up in a paper in 1915
  - b. His solution was unconscious Oedipal conflict
  - c. Saw deterioration in context of employment advancement
  - d. Many who do well academically appreciate and benefit from the context of academia
  - e. We're now beyond all ADHD being 4 year old children
  - f. This appreciation of structure can last long into adult life
  - g. These folks do not have the typical history
    - i. School history does not have the bumps
    - ii. E.g. Physics prof. with 2 PhDs and Master in Computer Sci
    - iii. E.g. Environmental Scientist, promoted to management
    - iv. E.g. Car sales becomes car manager
2. Management of Reality: Look carefully at the challenge of cognitive abundance Thinking ADHD
  - a. They are vertical managers, don't think too much
  - b. They have history of worry but resolve by doing making them promotion material
  - c. Review 3 Subsets of Cognitive ADHD
  - d. Family history very supportive or
  - e. Very dysfunctional, can go either way
  - f. They are great with decisions in a closed context

3. Reality Changes: The problem of new variables on the tightrope
  - a. Increased variables, and decreased structure
  - b. Different than decreased variables in increased structure
  - c. More meetings
  - d. More team play
  - e. Inability to deal long term problems, great at emergencies and fires
4. The Correction:
  - a. Approach is cognitive issue, not job issue
  - b. They do worse at home also
  - c. They do worse anywhere they don't have control – they determine the structure
  - d. They do worse with ongoing slow change
  - e. Most of all they do worse with personal relationships
  - f. Medication works
  - g. Many are medication resistant and Neurotransmitter testing is remarkably helpful to begin the process.