

Charles Parker, DO
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Parker, Schlichter, and Associates, Medical Director
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EDUCATION

- Psychoanalyst: Philadelphia Association of Psychoanalysis. 1972 –1979
Completed training: Adult Psychoanalysis
- Child Psychiatry Fellowship: 1972 - 1974: Hahnemann Medical College and Hospital, Philadelphia, PA.
- Adult Psychiatry Residency: Albert Einstein Medical Center, 1970 –1972, Philadelphia, PA.
- General and Rotating Psychiatric Internship: Albert Einstein Medical Center, 1969 – 1970, Philadelphia, PA.
- Medical Internship: Metropolitan Hosp. Grand Rapids, Mich., 1968-1969
- Philadelphia College of Osteopathic Medicine, 1964 – 1968, Philadelphia
- BS, Biology, Westminster College: Fulton, MO., 1964
- Culver Military Academy: Culver, IN., High School, 1960
- Eagle Scout, God and Country Award, Boy Scouts of America, circa 1958

BOARD CERTIFICATION

- American Board of Psychiatry and Neurology; Adult Psychiatry, #14307 - 1975
- American Board of Psychiatry and Neurology; Forensic Psychiatry #565 - 1998
- American College of Forensic Examiners; Forensic Examination, #10124 – 1997
- Previous American Society of Addiction Medicine: Board Certified 10 years.

LICENSED

- Nuclear Regulatory Commission: Management of Radioisotopes -for use in Nuclear Medicine – 2003, in compliance with 10 CFR 35 by Medical Licensing Branches U.S. NRC License: 45-30881-01
- Authorized User, and Radiation Safety Officer approved by the NRC, Radioactive materials.
- Virginia Board of Medicine: 0102026059

PROFESSIONAL ASSOCIATIONS

- Medical Director, CorePsych, Psychiatric Consulting: SPECT Imaging and Systems Medicine, '06 to present, www.corepsych.com active blog and podcasting publications
- Chief Psychiatrist, Amen Clinics, SPECT Imaging, Selected the Team, Developed and Managed that Office: Reston, VA Office '03 to '07
- Medical Director: Parker, Schlichter and Associates, Virginia Beach, VA 1982 to present
- American Medical Association
- Society for Nuclear Medicine
- Virginia Medical Association
- Virginia Psychiatric Association
- American Psychiatric Association, #030415
- American Academy of Psychiatry and the Law, #9835 - 1997
- American Society of Addiction Medicine (10 years, no longer active)

CURRENT TEACHING AND MEDICAL STAFF AFFILIATIONS

- Visiting Professor, Dept Psychiatry, Naval Medical Center Portsmouth, Virginia
- Virginia Beach General Hospital (Courtesy)

FORMER HOSPITAL APPOINTMENTS

- Clinical Director: The Recovery Place, Virginia Beach Psychiatric Hospital, Virginia Beach, VA; 1992 - 1993
- Executive Medical Director; Peninsula Psychiatric Hospital, Hampton, VA; 1990 - Oct.1992
- Medical Director: Dependency Programs, Peninsula Hospital, Hampton, VA; 1987 - 1990
- Medical Director: Perspectives Impaired Professional Program, 1987 - 1988
- Clinical Director of Adolescent Psychiatry: Peninsula Hospital, 1981-1984
- Chief of Staff: Norfolk Psychiatric Center, Norfolk, VA, 1980 - 1981

FORMER TEACHING

- Instructor: Eastern Virginia Medical School, Psychiatric Clerkship; 1987 - 1992
- Instructor: U.S. Navy Department of Psychiatry, Portsmouth, VA, T-Group therapist for psychiatric residents; 1974 - 1980
- Instructor: "Identification and Management of Behavioral Problems in the Classroom" for Old Dominion University, Norfolk, VA; 1980 - 1981
- Instructor: "Psychoanalytic Theory" for residents and Doctoral Fellows at Eastern Virginia Medical School; 1977 - 1980

MEDICAL PRESENTATIONS-KEYNOTE, PROGRAMS AND CONSULTATIONS

Conference, All Day Presentation:

"Neuroscience for Everyday Practice" Psychotherapy Networker, Washington DC, March 08.

Conference, All Day Presentation:

"Neuroscience and Addictions" International Institute for Trauma and Addiction Professionals [IITAP], Scottsdale AZ, February 08.

Conference, All Day Presentation:

"The Brain and Office Practice" Psychotherapy Networker, Washington DC, March 06.

Conference, All Day Presentation:

"The Biology of Reactive Attachment Disorder: SPECT and Clinical Findings" National ATTACH [RAD] Annual Meeting, Richmond VA, August 04.

Conference, All Day Presentation

"Beyond Co-Dependency" Perspectives in Canada, Toronto, Canada; June, 1991

Conference, All Day Presentation

"The Courage to Change: Contemporary Issues in Recovery" Southeast Regional Conference at Southeast Missouri State University, August 1998

Keynote/Consultation

"Program Development" The design and management of chemical dependency programs in a general hospital setting, One Day Presentation/Consultation with Midland Hospital, Papillion, NE; 1989

Keynote and Program

"Addictions: Beyond Chemical Dependency" Half-Day Conf., Elkhorn Recovery Center, Sun Valley, ID; March 1989

Keynote and Program

"Deep Recovery: What to do When You're Stuck in the Process" Half-Day Conf, Cypress Hospital, Lafayette, LA; March 1992

Keynote and Program

"New Directions in Recovery" Annual State Meeting of Substance Abuse Counselors, Half-Day Conf, Lafayette, LA; April 1993

Keynote

"Deep Recovery: The Next Step" 5th Annual Northwest Conference on Addictions, Seattle, WA; May 1992

Keynote

Governor's Conference on Substance Abuse: The Caribbean Inter-Island Conference, Grand Cayman Island; 1991

Keynote

"Patterns - Recovery Challenges through Generations" Children at Risk Conference, June 21, 1996 - VA Hospital, Hampton, Virginia

Keynote

"The Simplicity of the Recovery Process" Annual St. Croix Social Worker Meeting - Government of the Virgin Islands, St. Croix, USVI; March 1994

Workshop

"Affirmative Relationship Recovery" 5th Annual Northwest Conference on Addictions, Seattle, WA; May 1992

MEDICAL PRESENTATIONS

"Brain Evidence 2009: Translating Neuroscience into Practice" LifeBridge Diagnostic Center for SPECT Imaging, Melbourne, FL, May 2008.

"Neuroscience and Psychiatry 2006," Food as Medicine National Meeting, Baltimore MD: June 2006.

"Treating the Crack Cocaine Addict" Gulf Pines Hospital, Houston, TX; March 1992

"Helping the Inner Child Grow Up" HCA Valley Hospital, Chattanooga, TN; February 1992

"Substance Abuse and the Family Practitioner" West Virginia School of Osteopathic Medicine Summer Seminar, Nags Head, NC; July 1991

"Helping the Ordinary Child to Feel Extraordinary" Public Seminar, Virginia Beach, VA; October 1990

"Depression and the Inside Track to Happiness" Public Seminar, Hampton and Virginia Beach, VA; October 1990

"Bedroom to Boardroom: Relationships" Public Seminar Series, Hampton and Virginia Beach, VA; May - June 1990

"Sex, Drugs and Booze" Public Seminar, Virginia Beach, VA; November 1989

"Eating Disorders" Public Seminar, Hampton, VA; September 1989

"Adolescent Substance Abuse, Pattern Recognition" International Academy of Adolescent Psychiatry, Paris, France, July 1982

"Identification and Management of the Impaired Athlete" Presented to coaching staff, Old Dominion University, Norfolk, VA

"Addictions in the Health Profession" Presented to Old Dominion University Nurse Practitioner Conference; May 1989

"Addictions Revisited" Presented at the Annual Mid-Atlantic Conference of the Virginia Council of Nurse Practitioners, Norfolk, VA; April 1989

"What Am I Doing Here? -Discovering your problem" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; October 1992

"How to Use the Hospital: The ins and outs of the programs" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; October 1992

"Reality: Your best teacher" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; October 1992

"Pain: Your own lesson plan" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; October 1992

"Feelings: Another path to self-discovery" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; November 1992

"Balance: The art of self-management" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; November 1992

"Control: The addictive pathway" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; November 1992

"Boundaries: Tending your garden in recovery" Virginia Beach Psychiatric Center; Virginia November 1992

"Codependency: Deeper insight into the labels." Virginia Beach Psychiatric Center; Virginia December 1992

"Enabling: The difficulty with caring too much" Virginia Beach Psychiatric Center; Virginia December 1993

"Dysfunctional Families: How to use your childhood experience" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; December 1993

"Dual Diagnosis: Beyond chemical dependency" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; January 1993

"Coping: Dealing with every day life" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; January 1993

"Bipolar: A clinical review" Public Seminar at Virginia Beach Psychiatric Center; Virginia Beach, Virginia; January 1993

"New Directions in Recovery: A quick review of what's new" Public Seminar Virginia Beach Psychiatric Center; Virginia Beach, Virginia; January 1993

"Identification of Mood Disorders and Current Treatment Approaches" OB-GYN Practitioners, Virginia Beach, VA; October 1997

"Management of Depression" First Colonial Family Practice Didactic Update, Virginia Beach, VA; December 1997

"New Developments in the Treatment of Attention-Deficit Disorder" Tidewater Pediatric Consultants; December 1997, Norfolk Pediatrics Associates, January 1998

"Identifying and Treating Depression with the New Antidepressants" 1998-2000 Presented at more than 200 Family Practice and Internal Medicine Medical Groups in the cities of Norfolk, Chesapeake, Waverly, Suffolk, Va. Beach, Hampton, and Richmond

"Meta-analysis, Clinical Findings, and Relevancy of the Cytochrome P450 System" 2001-2004 Circa 150-200 presentations on this subject to various psychiatric and medical groups in Virginia, DC, Philadelphia, PA, Williamsport PA, New York City, Dallas, San Antonio, Corpus Christi, Brownsville, Chicago, Boston, Atlanta, Roanoke VA, and others.

"Anxiety and Hypervigilance: Subsets of AD/HD Spectrum Disorders" and "Side Effects...? Predictable Outcomes with Stimulant Medications" 1997 - to Present: - over 1000 personal presentations to pediatricians, child psychiatrists, and other medical and mental health professionals, Richmond VA, Norfolk, Va Beach VA, Blacksburg VA, Charlottesville, Harrisonburg VA, Alexandria, Chevy Chase, DC, Phila, Harrisburg, Pittsburg, NYC, Boston, Portland ME, Manchester NH, Portsmouth NH, Tampa, Miami, Orlando, Panama City, Fort Myers, Atlanta, Seattle, Tacoma, Aberdeen WA, Portland OR, San Diego, La Jolla, Newport Beach CA, Los Angeles, Chicago, Calumet City, Il, Gary IN, South Bend IN, Minneapolis, St. Paul, Oklahoma City, Tulsa, Chattanooga, Nashville, August GA, Raleigh-Durham, Columbia SC, Biloxi MI, Fargo ND, Grand Forks ND, Green Bay WI, Baltimore, Indianapolis, Cincinnati, Cherry Hill NJ, Red Bank NJ, Charlotte NC, Omaha, Hartford, New Haven, Princeton, Mobile,

Providence, Springfield MA, Detroit, Hyannis MA, Memphis, Jackson TN, and many others.

1997 – Present: 400 + Teleconferences Meetings (e. g. Johns Hopkins Dept of Peds), with medical practices on these psychopharmacologic themes, many in distant sites such as Alaska, Wyoming, Idaho etc.

FORENSIC PRESENTATIONS- WORKSHOPS

"Psychological Aspects of Employee Litigation: For the Plaintiff and the Defense"
Virginia Bar Association, Homestead, Warm Springs, VA; October 1996

Precision in Diagnosis: Science and Psychobabble in Psychiatric Testimony"
Judge Advocate General's Corps, Annual Defense Training Stand Down, Norfolk
Naval Station, Norfolk, VA; October 1997

"Psychiatric Consultation for Forensic Case Preparation: Practical Observations
for Strategy and Formulation" Judge Advocate General's Corps, Annual Defense
Training Stand Down, Norfolk Naval Station, Norfolk, VA; October 1997

"New issues in Employment Litigation" National meeting of American Board of
Forensic Examiners, Del Coronado Hotel, San Diego, CA; December 1997

"The Identification and Management of Mood Disorders and Attention-Deficit
Disorder" National meeting of American College of Forensic Examiners, Del
Coronado Hotel, San Diego, CA; December 1997

PUBLICATIONS:

JOURNAL ARTICLES:

- Parker, NW, and Parker, CE: *Case Report: Trichotillomania: Apparent 2D6 interaction with amphetamine and paroxetine*, Journal of Primary Psychiatry: Sept 05

BOOKS:

- *Deep Recovery: How to Use Your Most Difficult Relationships to Find Out Who You Are*: Hawkeye Press, 1992 (In second printing)