

COREPSYCH

Comprehensive Evidence – Persistent Review
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Neurotransmitter Testing from NeuroScience

First, go to www.corepsychblog.com/neuroscience and review the material there for more information on neurotransmitters, what they are and what they do.

NeuroScience's NeuroScreen Expanded Panel tests for 12 neurotransmitters.

Neurotransmitters are important chemical messengers in the nervous system. The brain uses neurotransmitters to communicate with the rest of your body: telling you heart to beat, your lungs to breathe, and are also necessary for thought processes, emotions, sleep, energy, etc. The nervous system can be disrupted by numerous factors, including: stress, diet, infections, genetics, toxic chemicals, and more. These disruptions can throw your neurotransmitters off balance, leading to signs of depression, ADD, anxiety, and other such problems. This test will measure the neurotransmitter levels, with the hopes of improving those imbalances, through a combination of supplements, medications and lifestyle adjustments.

Billing for the Test:

NeuroScience is a lab that is contracted as a provider with several of the major insurance networks (but not all). Because they are contracted as such, they handle all the billing and insurance filing for their tests. NeuroScience will bill you for any portion of the cost not covered by your insurance provider. The forms and instructions for billing and insurance are included in the test kit, which is available through the CorePsych office.

Testing Procedure for the NeuroScreen Analysis:

1. Obtain the **NeuroScreen Test Kit** from Dr. Parker or Caitlin, the Patient Care Coordinator.
2. Take the Test Kit home and collect the urine specimen according to the instructions in the kit. [Second morning urine, no water, meds, or food before collection. May have regular morning meal and meds after collection of specimen.] Payment and insurance forms are included in the kit. Please fill those forms out and send them with samples in the provided kit.
3. The Patient Care Coordinator will send the patient a copy of the results when they come in, and will include a letter about scheduling a 30 min. follow-up with Dr. Parker to go over the results. Follow-ups for this testing carry a fee of \$150 per 30 minutes with Dr. Parker (to be paid at the time of scheduling).
4. Expect a follow-up test in 3-6 months to track your progress with any medication changes and/or supplemental additions.